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Wczesne wspomaganie dzieci o dysharmonijnym rozwoju psychomotorycznym..

SUMMARY

Early support of children with disharmonious psychomotor development

It is possible to understand the developmental functioning of a child only when we take into account all transformations taking place at the given stage of its life. Development of a healthy child is harmonious, it is governed by specific rules and mechanisms. All functions appearing and being developed during ontogenesis produce a certain continuum. It is not until dysfunctions in a child's development appear when it becomes possible to indicate that there is a need to isolate and analyse individual psychomotor functions.

Support of the child's development should be understood as a multi-specialised, conscious and system-based activities, whose aim is to stimulate its psychomotoric and social development as soon as the first signals of irregularities and disorders in its functioning are detected. Early, multi-specialised, comprehensive and coordinated assistance should include parallel, complementary medical, rehabilitative and therapeutic activities (early intervention) as well as revalidation and educational activities (early development support).

What matters in the therapy process is not only to replicate the development of a healthy child but also to adapt the exercises to the individual pace of development of every child. The earlier a proper diagnosis is made and comprehensive therapeutic activities are commenced the greater the possibilities of correcting the impaired functions and compensating the developmental deficits will be.

The article contains basic information concerning the process of recognising developmental disorders, the rules of providing early development support as well as proposals of exercises stimulating the perceptive and motor functions in small children.