



**WYŻSZA SZKOŁA SPOŁECZNO - PRZYRODNICZA**  
*im. Wincentego Pola* W LUBLINIE  
**UNIVERSITY OF VINCENT POL**

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**20-816 Lublin, ul. Choiny 2**

tel. /fax + 48 81 740 72 40, +48 81 740 25 04    infoenglish@pol.edu.pl    www.wssp.edu.pl

**Magdalena Majdan, Krzysztof Metera**

**SUMMARY**

**Functional diagnosis and treatment of soft tissue injuries of the shoulder joint in selected methods of physiotherapy**

The most common cause of shoulder pain is muscle damage. Aptly defined diagnosis, which will allow us to choose the optimal way of rehabilitation, should be based on accurate studies of the patient. The study should include the exact medical history taking into account the circumstances of the injury, as well as a detailed examination based on functional assays. The results of these studies provide a basis for planning therapy.

On the basis of a careful assessment of articles and textbooks put forward an initial proposal that physiotherapy method Mulligan, brings better results than using the methods: Cyriax, Kaltenborn or Lewitt.